

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Pedro

Coaches: Lippens Mieke

Coaches: Demeyere Linda

Coaches: Vandeputte Debby

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 25: 200M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 15:25
Heat: 1/2 Lane : 4 Athlete: VERSTRAETE LINDE					Q-time: 02:39:65
PB (50m pool): 02:46.00 Antwerpen 08/03/2026					PB (25m pool): 02:39.65 SB: 02:46.00 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.09	01:18.52	02:03.81	02:46.00	
	00:36.09	00:42.43	00:45.29	00:42.19	
					

Coach feedback:

Event number: 25: 200M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 15:28
Heat: 2/2 Lane : 3 Athlete: VELGHE LAURA					Q-time: 02:33:52
PB (50m pool): 02:38.33 Antwerpen 08/03/2026					PB (25m pool): 02:33.52 SB: 02:38.33 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.61	01:16.40	01:57.80	02:38.33	
	00:34.61	00:41.79	00:41.40	00:40.53	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:11, starttime: 15:49
Heat: 11/14 Lane : 5 Athlete: VANDEPUTTE JORBE					Q-time: 01:08:22
PB (50m pool): 01:10.72 Antwerpen 08/03/2026					PB (25m pool): 01:08.22 SB: 01:10.72 Antwerpen 08/03/2026
	5 0 M	1 0 0 M			
PB	00:35.12	01:10.72			
	00:35.12	00:35.60			
					

Coach feedback: